

No more unpleasant surprises!

Many practice sessions that have been planned in detail suddenly fall apart on the field because of some flaw in their structure. The *Success in Soccer Practice Planner* concept provides a structure that works every time!



The easy way to plan and organize practice sessions

Planning that works on the field

Once you've put together your own training program for your team with the help of the conceptual building blocks (pages 12–15), you can be sure that all the important concepts are included. But the *Success in Soccer Practice Planner* concept makes practice planning easier in another way as well: Not only is the catalog of exercises (pages 22–61) structured according to the building blocks, **all** the games and exercises included use **exactly the same setup!**

No assembly required

What this means for planning and, above all, running practice should be obvious:

- No matter which pieces you pick out for your “practice puzzle,” you don’t have to worry about wasting time rearranging the field between exercises.
- Instead, your setup remains the same throughout the entire session (warm-up, main session

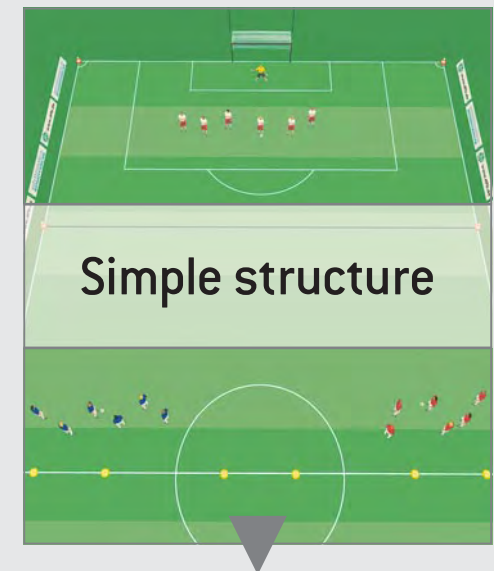
and conclusion).

Guaranteed to flow smoothly

The positive effects of the *Success in Soccer Practice Planner* concept are a great benefit. Soccer coaches have to “do it all,” especially in amateur soccer. They rarely have assistant coaches who can help with setup. Most of the time they’re on their own, and it’s up to them to make sure practice flows smoothly. Setting up, rearranging the field and forming new teams not only takes time, it can also be irritating and disruptive to players’ motivation, concentration and enjoyment of the game.

The *Success in Soccer Practice Planner* guarantees that your session will progress smoothly from each phase and exercise to the next — you couldn’t ask for a better coaching aid!

Info: The basic concept



TRAINING

- level-appropriate
- motivational
- educational
- easy to organize
- easy to run
- adaptable